

Stool Collection Education Cheat Sheet

RRMC Lab Catalog Website: <https://rrmclab.testcatalog.org/>

General Requirements:

- All stool specimens must be labeled with the **date and time of collection** and **two patient identifiers**.
- Adhere to the “fill to line” marking on all containers.

GI Pathogen PCR

- **Container:** Orange-top vial
- **Timing:** Place sample in orange-top within **1 hour** of collection
- **Stability:** Refrigerated, up to **48 hours**
- **Includes:** various targets including Giardia & Cryptosporidium



Clostridioides difficile PCR

- **Container:** Sterile white-top (no fixative)
- **Stability:** Refrigerated, up to **48 hours**



fixative)

Lactoferrin

- **Container:** Sterile white-top (no fixative)
- **Stability:** Refrigerated, up to **14 days**



Fecal occult blood

- **Container Options:**
 - Sterile white-top (no fixative)
 - OR properly labeled *Hema-Screen* card with stool applied
- Card is acceptable for 21 days after specimen application
- **Note:** Follow “fill to line” on white-top container if used



Ova and Parasite Exam

- **Container:** Green-top EcoFIX
- **Note:** Must meet “fill to line”



Helicobacter pylori + Clarithromycin Resistance, PCR

- **Container:** Orange-top vial
- **Timing:** Must be placed in orange-top within **2 hours** of collection
- **Note:** Follow “fill to line”

